The combination of the above is an exceptional formula to care for mind, body & spirit!
Slip into the “Pure Senses Spa” world.

A world that encompasses the best of nature to obtain unique well-being. Centrally located at the hotel “Royal Blue Resort & Spa”, Pure Senses Spa is a place where you will find the most incredible, unique sensations, where mind, body and spirit converge to feel unforgettable, pleasurable experiences. The exquisite fragrances throughout the place, let the imagination fly into new cultures and worlds full of exoticism. The combined use of products from different origins such as marine, natural or exotic and the inspiration in various massage techniques that combine tradition and innovation are the basis of “Pure Senses Spa”: a new day of experiencing the most authentic sensations.
FACIAL TREATMENTS

“Pure Senses Spa” has chosen the best products from plants and herbs, sea and nature, to pamper your skin. Enjoy this unique experience!

1. **After Sun Intensive facial treatment with aloe vera**
   - **50 min - 80.00 €**
   Maximum hydration concentrated in an advanced treatment ideal for all skin types and, very especially, for those with signs of dehydration. Its “hydroactive” formula protects the skin, promoting its natural resistance against the signs of premature ageing or burned skin.

2. **Premium lift elixir**
   - **60 min - 100.00 €**
   Sophisticated experience by means of a beauty ritual inspired by the Roll and Lift facial massage. A perfect combination between the innovative elixirs and the massage movements to achieve a magnificent preventive anti-ageing effect and a sensational relaxation of the body and the mind.

**VALMONT FACIAL TREATMENTS**

1. **Purity of the Alps by Valmont**
   - **75 min - 85.00 €**
   (with black heads extraction)
   This facial is focused on deep skin cleansing with the ultimate freshness and purity of formulas incorporating Glacial Spring Water from Switzerland. It hydrates and soothes the skin thanks to the application of the mask that best suits you after black heads extraction.

2. **Immediate Beauty Flash**
   - **40 min - 60.00 €**
   Express facial that reveals in a very short amount of time all the benefits of the Valmont range, expert in Cellular Rejuvenation; it renews and refreshes the face thanks to the anti-stress mask Renewing Pack.

3. **Nature Express Hydration**
   - **55 min - 90.00 €**
   This short facial provides immediate release from signs of dehydration like tautness and sensations of discomfort and initiation to the Nature line. The Nature Moisturizing mask is ideal to wash away all signs of fatigue.

**VALMONT MOST ADVANCED ANTI-AGE & REPAIR FACIALS**

1. **Vitality of the Glaciers**
   - **90 min - 120.00 €**
   A Biological Lift and Deep Hydration face treatment, with spectacular results based on Swiss tradition in Cellular Rejuvenation. A patented pure native collagen mask is used along with a specific massage technique for the face, smoothing fine lines, restoring tone, glow and suppleness.

2. **AWF Eye Lift treatment**
   - **45 min - 70.00 €**
   Thanks to a specific collagen eye mask and the application of the new AWF Eye cream, it aims to eliminate dark circles, puffiness, fine lines and wrinkles. Excellent combination of drainage, acupressure, firming massage with the Anti Wrinkle Complex eye cream of Valmont. For men and women.

**BODY PEELING COLLECTION**

1. **Crystal Peeling**
   - **30 min - 35.00 €**
   A multi-sensory trip aimed to obtain a new skin. Dead Sea and Atlantic Ocean salts are enveloped in marigold and sunflower oils and are delicately perfumed by orange tree flowers.

2. **Spice Nutmeg Scrub**
   - **35 min - 35.00 €**
   A rich exfoliation that frees your skin of dead cells with bamboo particles, poppy seeds and fine nutmeg shells, ginger, cinnamon and cardamom. A relaxing therapy that breathes the exotic aromas of coriander, cardamom, cinnamon, clove and ylang-ylang.

3. **Tropical Sugar peeling**
   - **40 min - 45.00 €**
   A peeling with Caribbean brown sugar mixed with vanilla oil carries you away to a tropical paradise. A must before starting any slimming program.

4. **Mediterranean Scrub**
   - **35 min - 45.00 €**
   A therapy that is a true enjoyment due to the aromas and textures of argan, olive seeds, grape seeds, orange water, etc. A truly exciting moment.
Slip into Valmond & Germaine De Cappuccini World, using ingredients, coming directly from nature. Exquisite spices, pearl extracts and pure essential oils, all are used to make you feel comfortable and relaxed.

1. **Black Sand Body Scrub with Aromatic Body Massage**
   85 min - 120.00 €
   This ultimate exfoliating experience with Black Sand from Tahiti and aromatic oils actively sweeps away dead surface skin cells, leaving skin wonderfully soft, silky and detoxified. Aromatic oils are applied all over the body with a soft massage to reawaken your senses.

2. **Detoxifying body treatment with sea elements**
   55 min - 85.00 €
   A true maintenance. From the deepest of the French Sea of Brittany we extract this mud rich in marine silts, mineral salts and trace elements. Purifies the skin while providing it with all the basic elements lost by daily stressful activities.

3. **After Sun treatment with soothing Aloe Vera**
   45 min - 70.00 €
   A therapy that includes the secrets of dawn. The refreshing breeze that caresses the body, the calm and silence of the blue sky that takes you to an unforgettable moment of comfort and well-being. All of this through the properties of Aloe Vera and the aromas of Mint.

4. **Anti-Cellulite Therapy with Red Grape Wrap**
   55 min - 85.00 €
   A mask whose main component are red grapes. A true anti-ageing cure that neutralises the harmful effects of free radicals and provides luminosity and vitality for stressed skin. Using a special techniques of massage that restore circulation and stimulate the body’s system.

5. **Chocó Body Sweet Harmony treatment**
   55 min - 80.00 €
   A true pleasure with 0 calories! Remodel your silhouette with a delicious body wrap based on cocoa. Its colour, aroma and creamy texture melt on the skin, providing it with comfort and well-being.

6. **Placid Silk Wrap**
   55 min - 100.00 €
   A therapy that envelops the skin with precious “silk”, accompanied by an exotic massage with Obsidian stones. Like a second skin, this exquisite mask deeply hydrates your skin and provides it with a saten appearance and silky touch.

7. **Spa Gold Body Experience**
   45 min - 100.00 €
   Maximum glamour and sophistication in a revitalising body therapy based on “marine gold” that envelops the skin in a subtle golden veil by means of a nourishing golden wrap and an exquisite emulsion of Golden Nectar. A stimulating, revitalising and unique Spa experience.

8. **Diamond and Ruby Sensation**
   60 min - 90.00 €
   Luxurious remineralising anti-ageing treatment with precious stones. A cure of relaxation that eliminates signs of fatigue and illuminates the skin in a glamorous way thanks to a delicate exfoliation together with a delicious massage.

9. **“Rasul” Experience**
   45 min – 60.00 €
   The Rasul Spa Treatment which is an ancient Arabic bathing ritual offers you a great relaxation. The treatment uses mineral-rich mud along with heat and steam. It targets all five senses, light and sound effect are used.
MASSAGES

1. **Relaxing Body Massage**  
   55 min  70.00 €  
   Get the great pleasure of an full body gentle massage that has a balancing effect on the recipient as it helps them to release stress and tension creating a sense of peace and well being.

2. **Anti-stress Back Massage**  
   30 min  50.00 €  
   This massage works across the back, neck and shoulders to correct and relieve any muscular tension, its particularly suited to conditions involving stress or improving emotionally-related conditions.

3. **Reflexology**  
   30 min  50.00 €  
   A special techniques that based on the principle that there are reflexes in the feet that relate every organ, gland and system of the body.

4. **Facial Massage**  
   30 min  50.00 €  
   This massage is meant to help relax and rejuvenate the body, mind and spirit while being very beneficial for the face, skin tone can be improved and facial lines reduced. Your face has a fresh, relaxed, more youthful and well rested look.

5. **Indian Scalp Massage**  
   40 min  60.00 €  
   A form of relaxation massage that focuses on the face, head, neck, shoulders, upper back and upper arms which are important energy centers within the body.

6. **Deep Tissue Massage**  
   55 min  90.00 €  
   This massage technique uses slower, more-forceful strokes to target the deeper layers of muscle and connective tissue, commonly to help with muscle damage from injuries.

SPECIAL MASSAGE

1. **Mediterranean Wish**  
   60 min  95.00 €  
   Original massage of golden drops from a hot candle that, when pouring them over the skin, will calm and pacify the spirit while gliding over the whole body. Choose among lavender, citrus or olive touch.

2. **Traditional Thai Massage**  
   70 min  110.00 €  
   Thai massage takes place on a mattress on the floor, it involves stretching and moving body into many different positions. The therapist manipulate a handful of major zen lines by pressing certain points along the lines, without the use of oil.

3. **Pure senses spa Aromatherapy Full Body Massage**  
   60 min  100.00 €  
   Essential oils, especially selected, combined with a rhythmic, relaxing massage technique that liberates tension, restores the senses and offers absolute tranquillity.

4. **Ayurveda Special Body Massage**  
   70 min  110.00 €  
   The Ayurveda approach to health is the balance of body, mind and spirit and the promotion of long life. This kind of massage focuses on exercise, yoga, meditation and massage, as an effective treatment for the release of every day strain and stress.

5. **4 Hands Massage**  
   55 min  120.00 €  
   The unique feel of 4 hands touching your body so harmony offers you a great pleasure. Two therapists working simultaneously in order to arouse the most beneficial results in term of personal relaxation and balance, get this original exotic experience.

6. **Obsidian Holistic Massage**  
   75 min  110.00 €  
   An exclusive ritual combines Hot & Cold with Black & White Stones from volcanic lands, these contrasts combine to rebalance your emotional well being, eliminate toxins, revitalize the body, combat stress and overcome anxiety. A truly amazing experience.

7. **The Shiatsu Massage**  
   70 min  110.00 €  
   The shiatsu is a form of Japanese bodywork which include massages with fingers, thumbs and palms of specific parts of the body, this kind of technique improves the natural flow of energy through the body also relieves stiff muscles and alleviates stress.

8. **Hot Stones Massage**  
   85 min  120.00 €  
   This amazing full body stone ritual offers you an unforgettable experience, while the worm stones are placed along the recipient's back they help to retain heat which then deeply penetrates into the muscles and offers pain relief, improves blood circulation and mental benefits.

9. **Future mum**  
   45 min  80.00 €  
   Pregnancy is a unique period in the life of every woman. You need to get more relaxation in order to transfer all this feeling to your baby, on the side massage for pregnant women is a very good way to alleviate pain, reduce stress and eliminate swelling in the feet and legs.
HYDROTHERAPIES

Aromas, spices, fruit extracts, all coming from the Far East, combined with the unique experience of hydro massage, offer you indulgence and well-being.

1. **Oriental Escape bath**  
   25 min - 35.00 €  
   A vanilla bath of pleasure and well-being. Its evocative fragrance invites relaxation and deep enjoyment.

2. **Cleopatra’s Cream bath**  
   25 min - 35.00 €  
   A true “Cleopatra Bath” rich in milk proteins and marine collagen. Its mousse texture caresses the skin, and its ingredients transfer hydration and nourishment. A true treatment of well-being for the body, mind and spirit.

3. **Red Grapes bath**  
   25 min - 35.00 €  
   A relaxing grape bath. Its multiple properties: anti-ageing, anti-oxidising, toning and revitalising properties and its intense aroma make the bath an unforgettably pleasant experience.

4. **Detoxifying bath**  
   25 min - 35.00 €  
   A detox bath is a way to help cleanse the body, relax the mind and provide extra support to various systems of the body.

5. **Thalassotherapy**  
   45 min - 20.00 €  
   Thalassotherapy (from the Greek word for sea) is the medical use of seawater, that helps tone, moisturize and revitalize the body and skin and in many case, improves circulation. The properties of seawater, such as potassium, calcium, sodium and iodine are believed to have beneficial effects on the skin. Different forms of thalassotherapy have different effects, helping you relax, tone your muscles, cleanse your skin, reduce the appearance of cellulite, boosts your immune system & improve sleep quality.
### COIFFEURS

#### Styling
- Women’s Haircut: 25 €
- Men’s Haircut: 20 €
- Children’s Haircut: 20 €
- Coiffure for short hair: 20 €
- Coiffure for medium hair: 25 €
- Coiffure for long hair: 30 €
- Special Coiffure*: 40 €
- Straightening short hair: 25 €
- Straightening medium hair: 30 €
- Straightening long hair: 35 €
- Hair Reforming: 15 €
- Coiffure for Bride to be: 220 €
- Hair Cleaning: 5 €

#### Technical procedures
- Coloring short hair: 30 €
- Coloring medium hair: 35 €
- Coloring long hair: 40 €
- Coloring root: 25 €
- Reflet short hair: 15 €
- Reflet medium hair*: 20 €
- Reflet long hair: 25 €
- Coloring lotion short hair: 25 €
- Coloring lotion medium hair: 30 €
- Coloring lotion long hair: 35 €
- Streaks short hair: 35 €
- Streaks medium hair: 50 €
- Streaks long hair: 60 €

#### Hair therapies - masks
- Hair loss Therapy*: 20 €
- Treatment for Xeroderma*: 15 €
- Shine & Hydration Therapy*: 20 €
- Hair Spa with Essential Oils*: 15 €
- Nutrition Mask*: 15 €

### WAXING

- Full Leg: 50 min 35.00 €
- Half Leg: 25 min 30.00 €
- Full Arm: 25 min 20.00 €
- Half Arm: 15 min 15.00 €
- Under Arm: 15 min 20.00 €
- Bikini: 15 min 20.00 €
- Brazilian Bikini: 35 min 30.00 €
- Upper Lip & Chin: 15 min 13.00 €
- Pure Senses Package (full leg & bikini): 60 min 45.00 €
- Back area: 30 min 30.00 €

### MANICURE - PEDICURE

- Manicure: 40 min 25.00 €
- Pedicure: 50 min 35.00 €
- French Manicure: 45 min 27.00 €
- French Pedicure: 50 min 37.00 €
- Pure Senses Spa Manicure: 60 min 35.00 €
- Pure Senses Spa Pedicure: 60 min 45.00 €
- Nail Art-Strass (per piece): 5 min 01.50 €
- Nail Shape &Varnish (hands): 15 min 20.00 €
- Nail Shape &Varnish (feet): 15 min 20.00 €
- Permanent nail polish: 50 min 40.00 €
- Remove Permanent nail polish & Manicure: 60 min 35.00 €
- Remove Permanent nail polish: 30 min 15.00 €

### MAQUILLAGE

- Eye brow Shape: 20 min 15.00 €
- Day-time Make-Up: 45 min 35.00 €
- Evening Make-Up: 60 min 45.00 €
- Bridal Make-Up: 90 min 135.00 €
Packages

Cretan welcome with pure senses

- Red Grapes bath
- Mediterranean peeling 115 min 145 €
- Greek massage

A relaxing bath with red grape, followed by body scrubs with a Mediterranean peeling that soothes and smooths the skin, ending with a unique massage based on traditional Cretan olive oil. The whole procedure takes place at our magnificent Cave Spa.

A wish of love

- Thalassotherapy
- Immediate Beauty Flash 135 min 150 €
- Mediterranean Wish

Ideal for couples that wish to experience moments of relaxation and pleasure together, by enjoying the saltwater pool, a hydro massage and a great face treatment for the facial shine and nutrition. In the end comes a holistic relaxing massage, after blowing off the flame and making a wish together.

Royal sunset

- Rasul experience
- Tropical sugar peeling 145 min 190 €
- Sunset delight massage

An excellent, relaxing mud therapy in a Royal environment which moisturizes and detoxifies the skin, followed by peeling with sugar granules which sweeten both senses and body. The delightful massage at our specially arranged Cave Spa with the view of a dreamy sunset, that comes next, will enchant you more than you can imagine.
CAVE SPA

DAYLIGHT SESSION 10:00 -14:00

- Greek massage 60 min  95 €
  Try the experience of a unique massage inside the cave based on traditional olive oil and greek essential oils that optimizes body suppleness and tone.

- Deep sea massage 60 min  110 €
  A true trip to Sri Lanka. A sensational massage that has the multiple properties of cinnamon, together with the movements and lissages with natural sea conches that glide over the body with a relaxing and destressing rhythm.

- Siesta massage 60 min  115 €
  Exotic massage with the most valuable Oriental spice: saffron. An enjoyment for its fragrance, its colour, its texture and its anti-oxidising power, which combine with exclusive massage movements carried out with a silky foulard.

SUNSET SESSION 17:00 - 21:00

- Sunset delight massage 60 min  120 €
  Enjoy a unique massage full of aromas and relax with the colors of the amazing greek sunset. Take the advantage of enjoyment at the most beautiful time of the day.

MOONLIGHT SESSION

- Moonlight private massage 75 min  140 €
  Indulge the luxury ambience of a private massage in our mysterious caves, an experience that you will never forget.
Information

Appointments
You are kindly requested to organize your appointment at least 2 days earlier, without of course, excluding the occasion to book on the spot, if there is availability.

Cancellations and Amendments
You are kindly requested to inform, “Pure Senses Spa” for any cancellation or postponement of your appointment at least 24 hours earlier. Thus, you give the opportunity to other guests, whom they would like to enjoy our treatments, to be able to make a reservation.

Arrival Time
You are kindly requested to come at least 20 minutes before your scheduled appointment, so that you have the time to prepare yourselves correctly. In case you are late, this will result in the reduction of your treatment’s duration.

Personal Belongings
In the changing rooms you will find lockers with keys, that you keep during your sessions. In case of loss or damage of your personal belongings, the “Pure Senses Spa” is not liable. For the above reason, we recommend to visit our spa without having with you valuable things or items of emotional value.

Supplies
“Pure Senses Spa” provides all its guests with bathrobes, slippers, towels and everything needed for the treatments. If you wish you can use your own bathing suite, of course. The showers are totally equipped with shower gel and shampoo, in case you need them. We inform you, also, that during your sessions, you can enjoy herbal teas and water, in the relaxation area of the spa.

Use of Cellular Phones
Cellular phones must be deactivated or set in the “silent” operation during your visit in the spa. You are here to relax and escape from reality. In the spa, a lot of therapies are taken place. So, we have to secure the tranquility and peace in the premises.

Smoking
Smoking is prohibited in all the areas of “Pure Senses Spa”, for employees and guests.

Age Limit
The treatments of “Pure Senses Spa” have been designed for human organisms above 16 years old. So, the entrance for children under 16 years old is not allowed.

Prices and Method of Payment
You have the possibility to pay cash or with credit card (Master, Visa). If you are accommodated in the hotel you can also charge your therapies in the room. “Pure Senses Spa” has all the rights to change the services or the prices without any further notice.

For reservations dial 5010